



Patient Instructions for Echocardiogram, Carotid Ultrasound Test,  
24 Hour Holter and Event Monitor  
Three Village Cardiology

**Echocardiogram:**

**Test Time:** 20 minutes

**Preparation:** Wear loose fitting clothes

**Purpose:** This test uses ultrasound waves to take pictures of the heart muscle and valves.

**Carotid Ultrasound Test**

**Time:** 20 minutes

**Preparation:** Wear loose fitting shirt

**Purpose:** This test takes an ultrasound picture of the main arteries of the neck to see if there is any plaque or blockage.

**24 Hour Holter**

**Test Time:** 15 minutes

**Preparation:** Wear a loose fitting shirt

**Purpose:** This test detects any irregular heartbeats during 24 hours. You will be asked to complete a diary letting us know if you have any symptoms such as dizziness and palpitations during the test.

**Event Monitor**

**Test Time:** 15 minutes

**Preparation:** None

**Purpose:** Allows you to trigger the device if you have any irregular heartbeats or symptoms such as; palpitations or dizziness during the test. You will be given instructions on how you will send this information over the phone to us when you have symptoms.