



Patient Instructions for Nuclear Stress Test
Three Village Cardiology

Test Time: 3 hours

Preparation: Wear comfortable clothes for walking on a treadmill.

Purpose: For some people a regular treadmill test does not provide enough information about your heart and heart circulation.

In this test you will be given an intravenous injection of a radioisotope.

Next, you will have pictures of your heart taken under a special camera for about 30 minutes.

Following the first set of pictures you will be asked to walk on the treadmill and you will be injected with a radioisotope just prior to the end of the test.

You will be asked to EAT.

Another set of pictures will be taken 30 minutes later.